

NARROGIN PRIMARY SCHOOL CANTEEN MENU (26th January 2021)

RECESS

Air-Popped Popcorn (G/F)	\$1.00
Cheesie	\$1.00
Fresh Fruit (seasonal)	\$1.00
Hash Brown (Friday only)	\$1.00
Muffin savoury –ham cheese & corn	\$1.00
Muffin (Swirl, Choc top, Vanilla, & Chocolate)	\$1.00
Muffin - Friday special	\$0.50
Pretzels	\$1.00
Pikelet – (Friday only)	\$0.50
Sub – Pizza –Ham, Pineapple & Cheese	\$1.00
Spaghetti & cheese jaffle	\$1.00

LUNCH - HOT/COLD FOOD

Salads – lettuce, carrot, tomato, cheese & cucumber - beetroot & mayonnaise on request	
Chicken Burger with salad	\$6.00
Beef Burger with salad	\$6.00
Hot Chicken Roll (with mayonnaise)	\$5.50
Chicken Nuggets/ salad & orange slice (G/F)	\$6.00
Salad Box - (lettuce, carrot, cheese, celery, cucumber, cherry tomato & orange slice)	\$5.00
Salad Box-choice of meat (tuna, ham or chicken)	\$5.50
Salad Box- meat choice, add egg & beetroot	\$6.00
Wrap, Chicken Tender & salad	\$6.00
Wrap, Sweet Chilli & salad	\$6.00
Sauces-tomato, sweet/sour, French, BBQ	\$0.50

**Canteen Staff: Gloria Radford 0427 107027
& Amanda McDonald 0427 814794**

The Narrogin Primary School P&C Canteen is open from 8.30am to 1.00pm. To order please check out our fabulous online ordering system simple & easy

ORDERS PLACED AFTER 9.00am WILL BE LIMITED

The Canteen is run by the P&C and always appreciates volunteers. If you can spare some time please contact the canteen.

If you require your **\$\$ change** at recess please write this clearly on your lunch bag.

Parents with **food allergy** concerns are encouraged to contact the Canteen Manager

TRAFFIC LIGHT SYSTEM

Our school adheres to the Traffic Light system introduced by the Government in 2006. This policy places food into categories based on a traffic light. Our menu must comply and consist of a minimum of 60% Green foods.

Green (g) – must predominately fill the menu

Amber (a) – select carefully and limit sales

Red (r) – off the menu

You can now select healthier options by choosing foods that are marked green

DRINKS

Juice (250mls) (Lunch ONLY) (Apple, Apple & blackcurrant, Tropical, Orange)	\$2.50
Milk, flavoured (250mls) (Lunch ONLY) (Chocolate & Strawberry)	\$2.50
Water/ bottles	\$2.00

SANDWICHES, WRAPS & ROLLS

Wholemeal only. Salad consists of carrot, lettuce, tomato, cucumber & cheese. Mayonnaise and beetroot available upon request.

	S/W	Roll	Wrap
Chicken & Salad	\$5.00	\$5.50	\$5.00
Egg (Plain or Curried)	\$4.50	\$5.00	\$4.50
Egg & Salad	\$5.00	\$5.50	\$5.00
Ham & Salad	\$5.00	\$5.50	\$5.00
Salad	\$4.50	\$5.00	\$4.50
Vegemite	\$2.50	\$3.00	

TOASTIES

Cheese	\$4.00
Cheese & Tomato	\$4.50
Ham or Chicken w~ Cheese	\$4.50
Ham or Chicken w~ Cheese & Tomato	\$5.00
Ham or Chicken w~ Cheese & Pineapple	\$5.00

FROZEN TREATS (lunch only)

Frozen Milo Pops	\$0.50
Frozen Fruit Pops	\$0.50
Frozen Yoghurt & Fruit Pops	\$0.50
Ice cream cone – vanilla	\$1.00
Ice-cream bucket –vanila (preschool only)	\$1.00
Icey sticks various flavours	\$1.00

MONDAY & FRIDAY ONLY

Cruiser Pie (180g)	\$5.50
Hotdog - (Half a Hotdog \$2.00)	\$4.50
Midget Pie (170g)	\$4.50
Nacho's (With chicken \$5.50) (G/F)	\$5.00
Pizza Single –ham cheese & pineapple	\$4.50
Sausage Roll	\$4.50
Wedges	\$4.50