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### Dates to Remember Term 2

Book Fair in Library	Tuesday 10- Tuesday 17 June
Uniform Shop 8.30am — 10.30am	Friday 13 June
Winter Carnival	Friday 13 June
Market Day	Saturday 21 June
Kindy & Pre-Primary P&C Meeting	Monday 23 June
Year 7 Camp	Monday 23 - Friday 27 June
Year 6 Camp	Monday 30 June-Friday 4 July

# Narrogin Primary School



## Independent Public School

Term 2, Issue 17

Wednesday 11 June 2014

## In the Pursuit of Excellence

### FROM THE PRINCIPAL'S DESK

#### Updating Contact Details

In case of an emergency we need to be able to contact parents/guardians. If you have changed your home or mobile number this year or changed address can you please complete the attached slip and return it to our front office immediately.

Family Name: \_\_\_\_\_ Name: \_\_\_\_\_

Child/ren's Names: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

#### Hand, Foot & Mouth

There have been many recent reports of Hand, Foot and Mouth. This is a common, acute, viral infection. Symptoms include fever, blisters in the mouth and on hands and feet. The incubation period is 3 to 7 days, and remain infectious as long as there is fluid in the blisters, this can be several weeks.

Exclusion from school applies until blisters have formed crusts that are dry, as with Chickenpox.

To prevent infection it is important that you need to wash your hands regularly.

### ROAD SAFETY – KEEP YOUR KIDS SAFE IN TRAFFIC

#### Paying attention when walking is important

This doesn't just mean the obvious hazards like speeding cars but also less evident ones such as cars coming around corners suddenly or vehicles not stopping at pedestrian crossings. Explaining the reasons for staying alert while walking helps children to understand more clearly why something is expected of them, especially if they know the consequences of not paying adequate attention or of not practising basic safety precautions.



## LOTE NEWS

On Friday 6 June the students from years 3 to year 7 went to the brand new performing arts theatre at Narrogin Senior High School to watch a *wayang kulit* show. Wayang kulit means shadow puppet in Indonesian. It was a wonderful cultural experience for our students as we have been learning about shadow puppets during Indonesian this term. The students really enjoyed the show and they thought the play was very entertaining. We also would like express our thanks to Ms Brooke Rintoul at Narrogin Senior High School for organising this unique experience for our students.

Below are some of our students' reflections on the shadow puppet show:

"I loved the puppet show and the play was very funny"- Max, Year 4

"I learnt that the puppets were made of dry buffalo skin and I also learnt that to be a shadow puppet puppeteer requires many years of training and practice" – Reilly, Year 5

"I liked how we can watch a show in front of the screen and behind the screen. It was really interesting to see it from behind the screen as we could see how the puppeteer operated the entire show."- Megan, Year 7



## PHYS ED

### Winter Sports Carnival

The Winter Sports Carnival is this Friday 13 June 2014. Students will walk down as a school to the leisure centre venues at 9.00am. Games commence at 9.30am and finish around 2pm. Presentations will follow on netball court 2. Parents may take their child after the carnival by informing the sport teacher in charge.

Canteen lunch orders must be labelled with the sport so it can be delivered to the appropriate venue. Students must wear their sports uniform and have wet weather gear and protective equipment for their sport.

We invite parents to come along and watch the carnival, entry to the Leisure Centre for hockey and netball is \$1.00 for spectators.

Excursion notes are due back now to class teachers. Thank you to the parents who have volunteered to coach our teams on the day.

### District Cross Country

Congratulations to all students who competed in the District Cross Country. Narrogin Primary School came first overall out of 16 schools, well done.

<b>Overall Leading Schools</b>	1st	Narrogin Primary
	2nd	Braeside Primary
	3rd	East Narrogin Primary
	4th	St Matthews Primary

Congratulations to the following students for their top 4 results;

<b>Year 5 Boys</b>	Graeme Miller	3rd	Time: 5.51.38
	Kobe Hayes	4th	Time: 5.53.56
<b>Year 6 Boys</b>	Quinlan Paice	1st	Time: 7.39.07
	Dan Wiese	2nd	Time: 7.40.63
<b>Year 7 Boys</b>	Lionel Whitby	1st	Time: 9.24.44



Jeremy, Quinlan, Dan & Cade

## HEALTHY FOOD IDEAS

Looking for something healthy for your child's lunch box? Below is a nutritious idea that can be frozen. More ideas are featured on the Canteen Association Website <http://www.waschoolcanteens.org.au/nutritional-guidelines/favourite-recipes/>

### Mini Philly Frittatas

Sourced and adapted from the Heavenly Moments Cookbook

#### Ingredients

250g softened light Philadelphia cream cheese  
1 small red onion, finely chopped  
80g baby spinach leaves, chopped  
60g low fat ham, finely chopped  
2 Tb plain flour  
2 eggs beaten  
12 semi-sundried tomatoes (or slice fresh tomatoes)  
1 Tb parmesan cheese

#### Method

Preheat oven to 180 °  
Grease 12 hole muffin pan  
Combine cream cheese, onion, spinach, ham and flour  
Mix well  
In a separate bowl beat the eggs  
Add eggs to cream cheese mixture  
Spoon into muffin pan  
Top each muffin with a semi sundried tomato and lightly sprinkle with parmesan cheese  
Bake 180° for approximately 20-25 minutes or until set

Note: muffins are freezable

Serves: 12

Traffic Light Category: Green

## P&C NEWS

### AFL Raffle Tickets

We would like to remind you to get in quick if you would like to purchase an AFL ticket for \$25, only 500 tickets have been printed. They are available at the Primary School front office, at Liquor Barons or by EFT to Narrogin Primary School P&C BSB 036167 Acc 162321.

Please attach confirmation of your EFT into an email, including your name and address to enable postage of your ticket and send to [narrogin.ps@education.wa.edu.au](mailto:narrogin.ps@education.wa.edu.au)

### Market Day Stall

The next Market Day is on Saturday 21 June. There is a \$10 charge for stall holders.

## CANTEEN NEWS

Thank you to Jane Pratt, Lorri Bray, Kylie Helgensen and Tracy Barrow for volunteering their time last week.

### This week's roster;

Wednesday	11 June	Elaine Geyser
Thursday	12	Tanya Hadlow
Friday	13	Kerrie Macek
Monday	16	Stacey Shepherd
Tuesday	17	Lorna Grout
Wednesday	18	Elaine Geyser
Thursday	19	Kelly Kensett-Smith
Friday	20	Mel Browne

**Milo** if you would like a warm milo at recess they must be preordered before school in the morning.

### Winter Carnival Meal Deals

*Please pre-order if possible*

#### **Salad Roll Deal \$6.00**

Ham/Chicken & Salad Roll, Juice and a muffin

#### **Hot Dog Deal \$5.50**

Hot Dog, juice and a muffin

#### **1/2 Hot Dog Deal \$4.00**

1/2 Hot dog, juice and a muffin

#### **Sausage Roll Deal \$5.00**

Sausage roll, juice, and a muffin

#### **Pie Deal \$6.00**

Cruiser Pie, juice and a muffin

**Please ensure that you write "Winter Carnival" and your name and the sport you are playing on your lunch bag.**

## SCHOLASTIC BOOK FAIR 10—17 JUNE

The Scholastic Book Fair started yesterday. It will run for one week, concluding on Tuesday 17 June. The library will be open each day before school, during lunchtimes and after school until 4pm. This is a great opportunity to purchase new and exciting book titles or to get your own copy of old favourites. EFTPOS and credit card facilities will be available so purchases may be made with cash, cheque or electronic payments. The Book Fair presents a fantastic opportunity to purchase quality items for family enjoyment. Each family spending over \$20 in one purchase will go in the draw for a daily prize to the value of \$12. The winner from Tuesday 10 June was Jude and Kate Corner.

# THE CANTEEN NEEDS YOU!!



## CAN YOU SPARE 3 HOURS once a School Term?

The School P&C Canteen is currently low on volunteers and we are in danger of  
**CLOSING THE CANTEEN**  
for at least 1 day per week.

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### What would you be doing?

- Making sandwiches.
- Washing dishes.
- Serving recess food alongside Canteen Manager, Mandy Muller.

### Why you should volunteer?

- Help to keep the School Canteen open.
  - Assist the P&C to raise much needed \$\$ to go back to the school. This year the P&C look to purchase additional IPADS for the classrooms.
  - Earn '50' School Passport Points equal to \$5 NPS to spend.
  - Without the Canteen – some kids won't get lunch. Please help!
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### How to volunteer?

Complete this section of the form and return it to your classroom teacher ASAP.

Name: \_\_\_\_\_ Contact Number: \_\_\_\_\_

I would be willing to help the following number of times per term;

1 ☐ *3 hour commitment per term*

2 ☐

? ☐

Comments/Preferences: \_\_\_\_\_

*The Canteen Manager, Mandy Muller will contact you to discuss possible roster dates.*  
**Thank you in advance. Kristie Nottle; Canteen Convenor/Treasurer 0429 816 205.**