

RECESS

- Air-Popped Popcorn (G/F) \$1.00
- Vege Chips \$1.50
- Cheesie (G/F Option) (Pre-Order) \$1.00
- Fresh Fruit (Seasonal) \$1.00
- Pikelets/Muffins - (Alternate on Friday only) \$0.50
- Sub- Pizza-Ham, Pineapple & Cheese \$1.50
- Sub Spaghetti & Cheese \$1.50
- Garlic Bread (Sourdough) \$1.00
- Yogo-Chocolate \$2.50
- Yogo -Vanilla custard \$2.50

The Narrogin Primary School P&C Canteen is open from 9am to 1.45pm
To order please check out our fabulous online ordering system, this is simple & easy.

All Online Orders must be placed by 8.30am.

www.quickcliq.com.au

CASH ORDERS PLACED AFTER 9.30am

WILL BE LIMITED

Parents with food allergy concerns are encouraged to contact the Canteen Manager.

LUNCH - HOT/COLD FOOD Not Available Fridays

- Salad Box – Lettuce, Carrot, Celery, Tomato, Cheese & Cucumber with Orange Slice
- Salad Box (G/F) \$6.00
- Salad Box with added B/Root & Egg (G/F) \$7.00
- Chicken & Salad Box (G/F) \$6.50
- Chicken Salad Box with Egg & B/Root (G/F) \$7.50
- Ham & Salad Box (G/F) \$6.50
- Ham & Salad Box with Egg & B/Root (G/F) \$7.50
- Chicken Tender Wrap with Salad & Mayo \$6.50
- Chicken Nuggets /Salad & Orange Slice (G/F) \$7.00
- Chicken Nuggets/Salad & Orange Slice with Egg & B/Root (G/F) \$8.00

DRINKS (LUNCH ONLY)

- Apple & Apple/Blackcurrant Juice (250ml) \$3.00
- Orange Juice (300ml) \$3.00
- Chocolate Milk (300ml) \$3.50
- Water Bottles \$2.50

SANDWICHES, WRAPS & ROLLS

Wholemeal Bread only.

Salad consists of Carrot, Lettuce, Tomato, Cucumber, & Cheese.

Mayonnaise and Beetroot available upon request.

	S/W	Roll	Wraps
Egg (Plain or Curried)	\$4.50	\$5.00	\$4.50
Chicken & Salad	\$5.50	\$6.00	\$5.50
Ham & Salad	\$5.50	\$6.00	\$5.50
Salad	\$5.00	\$5.50	\$5.00
Vegemite or Cheese	\$3.00	\$3.50	

TOASTIE

- Cheese (G/F Option) \$4.50
- Ham/Chicken & Cheese (G/F Option) \$5.00
- Ham/Chicken, Cheese & Tom (G/F Option) \$5.50
- Ham/Chicken, Cheese & P/Apple (G/F Option) \$5.50

MONDAY & FRIDAY ONLY

- Hot Dog with Sauce \$5.00
 - Hot Dog (No Sauce) \$5.00
 - HALF Hot Dog \$3.00
 - Pizza –Ham, Cheese & Pineapple \$5.50
 - Sausage Roll (Lite n’Up) (120gr) \$5.00
 - Beef Pie (Lite n’Up) (175gr) \$6.00
 - Wedges \$5.50
 - Tomato Sauce Sachets \$1.00
 - Wooden Spork \$0.10
- (Some menu items these Sporks are included)

TRAFFIC LIGHT SYSTEM

Our school adheres to the Traffic Light system introduced by the Government in 2006. This policy places food into categories based on a traffic light. Our menu must comply and consist of a minimum of 60% Green foods.

- Green (g)** – must predominately fill the menu
- Amber (a)** – select carefully and limit sales
- Red (r)** – off the menu

You can now select healthier options by choosing foods that are marked green

The Canteen is run by the P&C and always appreciates volunteers. If you can spare some time please contact the Canteen, or Amanda on the below number.

Canteen Manager: Amanda McDonald
0427 814794

NO NUGGETS, TENDER WRAPS, CHICKEN/HAM & SALAD BOXES ON FRIDAYS.