

# Narrogin Primary School



## Independent Public School

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Wednesday 19 February 2014 – Newsletter 3

### Dates to Remember

**Wednesday 19 February** School Board Meeting  
**Friday 28 February** Uniform Shop 8.30am -10am  
**Friday 28 February** Assembly – Student Councillors  
**Monday 3 March** Public Holiday – Labour Day  
**Wednesday 12 March** Faction Swimming Carnival  
**Friday 14 March** Assembly – 3/4/T  
**Wednesday 9 April** Lapathon P & C  
**Thursday 10 April** Assembly – 2Mc

### FROM THE PRINCIPAL'S DESK

#### Black Shorts

A number of students have been wearing black shorts to school. Students are required to wear navy shorts (no obvious labels) as per our dress code. Navy shorts can be obtained from the Uniform Shop.

#### P & C Market Day

We apologise for the incorrect date in the Term Calendar. The Market Day is on the 3<sup>rd</sup> Saturday of every month and starts at 7am for seller. The Market Day Co-ordinators would like your consideration to ensure rubbish is placed in the bins and not left on the ground. The next Market Day will be Saturday 15 March 2014.

#### Bus Students

Parents of Farm bus students can you please advise the front office of any regular day your child/ren will not be on the bus, so we can update our records. A note will need to be given to your teacher in the instance of one off days.

#### Agapanthus & Rosemary

Thank you to those people who have offered Agapanthus and Rosemary cutting and the P&C for their donation of Rosemary plants. The garden is now ready for planting, if you could please drop your plants to the garden shed or contact Mark Nicholas to make arrangements for collection.

#### Parent – Teacher Meetings - February 2014

Parents are welcome to come and speak to their child's teacher and find out what will be happening in the class for the year. Please check the timetable to see when your child's meeting will be held.

Teacher	Class	Time	Day
Mrs Dolkens	Kindy 1	11.45am	Friday 21
Mrs McDougall	Kindy 2	11.45am	Friday 21
Miss D'Silva	PPA	4.30pm	Wednesday 26
Mrs Shepherd	P/1	5.00pm	Tuesday 25
Miss Atherton	1	3.30pm	Monday 24
Mrs Byway	1/2	5.30pm	Tuesday 25
Mrs McDougall	2	5.00pm	Wednesday 26
Miss Michael	3	4.30pm	Wednesday 26
Mrs Tyler-Tourle	3/4	5.00pm	Wednesday 26
Ms Conlon			
Miss Carroll	4	6.00pm	Tuesday 25
Miss Farrell	5	4.00pm	Tuesday 25
Mrs Heil	6/7	5.30pm	Tuesday 25
Mrs Morgan (Mann)	6/7	5.30pm	Tuesday 25
Mrs Bicknell	6/7	5.30pm	Tuesday 25

### NO NUTS PLEASE

Some students at our school have a severe allergy to nuts and could go into anaphylactic shock. Anaphylaxis is the most severe form of allergic reaction and is potentially life threatening. In order for the school to minimise the risk for these students, it is requested that parents do not send foods containing any type of nuts (including tree nuts, peanut butter and nutella) to school with their child. The sharing of food can be a further risk and we would ask you to work with the staff at school to discourage this practice.

### SWIMMING CARNIVAL

Swimming trials are this Friday afternoon. Students that are required to participate in this Friday's Swimming Trials will have been given an excursion form to complete. Please note, not all students competing at the carnival are required to attend the Swimming Trial. Parent help would be appreciated from 1:30pm to 3:00pm, please contact the school if you can assist. Elise Parker, PE Teacher.

### EARLY CLOSE

A reminder to families that Tuesday is Early Close Day at Narrogin Primary School. School finishes at 2.30pm every Tuesday. The town bus is not available for students to travel home and alternative arrangements will need to be made to pick up your child/ren.

### PAYMENT OF VOLUNTARY CONTRIBUTIONS

The school office is open for payment of voluntary contributions from 8.30am – 3.30pm, Monday to Friday. Payment can be made by cash, cheque, EFTPOS, NPS dollars, centrepay or direct deposit to BSB 066-522 a/c 00900206.

### CHAPLAIN'S CHAT – MRS POLLARD

**Uniforms:** Thank you very much to those parents that have donated pre-loved uniforms. Uniforms can be left at the front office. Second hand uniforms are available on request.

**Breakfast Club:** We are now having Breakfast Club **everyday**, thank you so much to Mrs Wilkie, Mrs Hill, Mrs Thompson and the parent helpers for doing this wonderful job. We could not do this without your help.

**Lunch Time Craft:** Masks will be the first activity, 10 students will be able to participate at a time. If anyone has feathers, rhinestones or small things that could be used for a Mask, please leave them at the office.

If you have any concerns for your child or need to chat I am available on Thursday & Fridays.

### UNIFORM SHOP

The uniform shop will be open every 2<sup>nd</sup> and 4<sup>th</sup> Friday of the month from 8.30am – 10.30am. All size 16 uniforms have been reduced by 50% so come and grab a bargain. Cash, cheque, eftpos and NPS passport vouchers are accepted.

### DENTAL NEWS

#### DO YOU NEED A MOUTHGUARD?

A professionally fitted mouthguard can cost as little as \$25 if you have private health cover. A mouthguard is highly recommended when playing hockey, football or any contact sport. "Australian Mouthguards" are coming to Narrogin!!

Impressions will be taken at the UGSHA (Hockey) clubrooms at the Narrogin Leisure Centre on Wed 19 Feb, Thurs 20 Feb from 5.00-7.30pm and Friday 21 Feb from 4.00-6.30pm. No appointment necessary but first come, first served. Colours can be chosen on the day. Prices start at \$95 and are claimable with your health fund.

Mouthguards will be delivered prior to the hockey/football season. You can pay cash on the day or pay by credit card on the order form. Any queries can be directed to Karen Fazey after 5pm weekdays on 9881 4785.

### CANTEEN NEWS

Thank you to Dominique Malek and Elaine Geyser for volunteering their time last week.

This week's roster:

Wednesday 19	Elaine Geyser
Thursday 20	Jenine Dewing
Friday 21	Sharon Ward & Dominique Malek
Tuesday 25	Lee Conlan
Wednesday 26	Elaine Geyser

Canteen Staff – Mandy Muller and Tracey Palmer

### COMMUNITY NEWS

#### FLAMES NETBALL CLUB REGISTRATION for 2014 Season

Welcome all new and current members both Junior and Senior Divisions

Tues 25 Feb and Wed 26 Feb  
4.00 pm – 6.30 pm at Narrogin Leisure Centre

Also welcoming Expressions of Interest for Senior and Junior Managers, Coaches and Umpires including Net Set Go (*expressions to close 4 March 2014*)

#### SENIOR SQUAD TRIALS

Monday 24 February at 6.30 pm at Narrogin Leisure Centre  
For further information contact Nola Day 9881 1400

#### Popanyinning Riding School

Come and have a lesson with our friendly trained staff. Lessons are available for beginners up and from children to adults. For more information ring Rachael 98877053 or 0497 099104 Or Kylie on 0418 746013

#### Narrogin Calisthenics Club

Recreational Sub Junior Class  
Pre-Primary, Yr 1 and Yr 2  
Thursdays 4.00pm – 5.15pm  
St Peters Hall – Uniting Church  
Contact Heather 9882 4011

#### NOONGAR KOORLANGKA PLAYGROUP

For Parents and kids 0-4years old

**Thursdays** 9.30am – 12.00pm at Narrogin Primary School (Koorlangka Mia building)

**Tuesdays** 9.30am – 12.00pm at Narrogin Leisure Centre with Best Start Program

Come to one or come to both  
Enquiries to Cherie Abednego or Senema Kickett  
On 0437 536160  
Sponsored by Wanslea and Best Start Program

#### Narrogin Independent Playgroup Open Day

Come and visit us to see what Playgroup is all about  
**Saturday 29 March**  
At: Community Centre (East Narrogin Primary School)  
From: 9.00am-12.00pm  
Art & Craft, Playdough & Puzzles, Cake Stall  
Sausage Sizzle and drinks  
Stall holders welcome (\$10 per bay)

For further information

Email: [narroginindependantplaygroup@hotmail.com](mailto:narroginindependantplaygroup@hotmail.com)

Phone: Sherrie de Gruchy (President) 0400 523 036

#### BOOT CAMP FITNESS

Clayton Road Oval  
Monday 9am and 6pm  
Friday 9am and 6pm  
\$8 per person  
\$2 is donated to surrounding schools  
Bring towel, plenty of water and body, mind and soul

#### NARROGIN HAWKS FOOTBALL CLUB

D Grade training commences  
12 March 2014  
at Clayton Rd Oval  
4.30pm – 5.30pm  
Contact Gavin 0488 005484

# Narrogin Primary School Canteen

## Menu

### Sandwiches Wraps & Rolls (Available everyday) Wholemeal Only

Salad consists of: lettuce, cucumber, carrot, beetroot & cheese. Please ask for mayo

	S/W	Roll	Wrap
Vegemite	\$1.50	\$2.00	
Egg/Curried (v)	\$2.50	\$3.00	
Ham & salad	\$3.00	\$3.50	\$3.00
Chicken & salad	\$3.00	\$3.50	\$3.50
Egg & salad (v)	\$3.00	\$3.50	\$3.50
Salad (v)	\$2.50	\$3.50	\$3.00



### Hot/ Cold Food (available everyday)

Hot chicken roll	\$4.00
Corn cob (v)	\$1.00
Chicken tender wrap	\$4.00
Sweet chilli wrap	\$4.00
Macaroni cheese (v)	\$4.00
Spaghetti Bolognaise	\$4.00
Lasagne	\$4.00
Ham hero pizza slice	\$3.00
Pineapple pizza slice	\$3.00
Soup & roll	\$3.00
Fried rice (v)	\$4.00
Small salad box (v)	\$2.50 (lettuce, beetroot, carrot, cheese, cucumber, egg and seasonal fruit)
Large salad box (v)	\$3.50
Sm. salad & meat box	\$3.00
Lg. salad & meat box	\$4.00
Fruit salad (seasonal fruits)(v)	\$3.00
Hamburger	\$4.00

### Toasties

(Available everyday)

Cheese (v)	\$3.00
Cheese & tomato (v)	\$3.20
Ham & cheese	\$3.20
Ham, cheese & tomato	\$3.50
Chicken & cheese	\$3.20
Chicken, cheese & tomato	\$3.50
Chicken, cheese & pineapple	\$3.50
Baked Beans OR spaghetti	\$3.00
Baked beans OR spaghetti & cheese	\$3.50

V= Vegetarian option

### Daily Meal Deals

<b>Monday:</b> 6 x Chicken pops, salad and fruit bag, flavoured milk & (cheesie OR pikelet for recess)	\$6.50
<b>Tuesday:</b> Fried Rice(v), flavoured milk & (cheesie OR pikelet for recess)	\$6.50
<b>Wednesday:</b> Nachos, flavoured milk & (cheesie OR pikelet for recess)	\$6.50
<b>Thursday:</b> Lasagne, flavoured milk & (cheesie OR pikelet for recess)	\$6.50
<b>Friday:</b> 4 x chicken nuggets, salad and fruit bag, flavoured milk & (cheesie OR pikelet for recess)	\$6.50

Available as meals only and cannot be separated

### Monday & Friday ONLY

Sausage roll	\$2.50
Midget pie	\$2.00
Cruiser pie	\$3.00
Hotdog	\$3.00
½ Hot dog	\$1.50
Pizza single	\$2.00
Wedges	\$2.50
Sauce(sweet & sour, tomato)	.30c

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### Recess Items

Fresh fruit (seasonal)	\$1.00
Fruit cup (seasonal)	.50c
Lesnack (dip & crackers)	.70c
Air popped popcorn	\$1.00
Cheesie	\$1.00
Muffin (plain/choc)	.80c
Pikelet	.80c
Fruit jelly cup	\$1.00
Chicken sub	\$2.00
½ Chicken sub	\$1.00
Spaghetti sub	\$2.00
½ Spaghetti sub	\$1.00
Yoghurt	\$2.00
Yogo	\$2.00
Warm milo (term 2&3only)	\$1.50
Pretzels	\$1.00
Noodle snack	\$1.00
Monster snack	\$1.00



Open from 8:30am-1pm Monday- Friday. To order please fill out a lunch bag and place in your classroom lunch basket. **ORDERS PLACED AFTER RECESS WILL BE A VEGEMITE SANDWICH ONLY.** The canteen is run by the Narrogin Primary P & C and always appreciates volunteers. If you can spare any time please contact the canteen on 9881 1200.

### Traffic light System

Our school adheres to the Traffic Light System introduced by the government in 2006. This policy places food into categories based on a Traffic Light. Our menu must comply and consist of a minimum of 60% Green. We are currently at 78% Green. Green – must predominantly fill the menu  
Amber – Select carefully and limit sales  
Red – off the menu  
You can now select healthier options by choosing foods that are green.

### Sweet treats Available at lunch only

½ Frozen Goghurt	.40c
Frozen Goghurt	.80c
Light vanilla bucket	\$1.50
Paddle pop triple	\$1.50
Banana Paddle pop	\$1.50
Frozen yoghurt	\$1.50
Paddle pop thick shake	\$2.00

### Drinks

Bottled water	\$1.00
Strawberry milk (300ml)	\$2.00
Banana milk(300ml)	\$2.00
Choc milk (300ml)	\$2.00
Choc mint (300ml)	\$2.00
Caramel milk (300ml)	\$2.00
Apple juice	\$2.00
Apple & blackcurrant juice	\$2.00
Orange juice	\$2.00